

## Roll away muscle aches and pains with the knobbly massager peanut ball.

The knobbly massage roller is a robust therapeutic roller which adapts to the body's individual contours during use to boost circulation, relax muscles and provide relief from tension.

Raised dimples penetrate deep into tired aching muscles to effectively stimulate blood flow and reduce muscular pain and discomfort providing relief to the neck, shoulders, arms, back, glutes, IT bands, legs and feet.

Simply roll the uniquely shaped massage roller in different directions as required over the affected area. The ergonomically contoured design means that this 'peanut-shaped' massager fits and adapts to all body shapes and sizes.

Alternatively place the knobbly back roller between your targeted body area eg lower back or buttock and a hard flat surface eg floor or wall and rock back and forth for a stimulating yet relaxing therapeutic massage experience.

## Why Choose the Knobbly Back Massage Roller Ball?

Manufactured to a high standard this knobbly massaging roller with its unique peanut-shaped design is a great value multidimensional self-massage product. Designed with portability and storage in mind this easy to use back roller is a great way to stimulate circulation, relax tired nagging muscles and relieve tension and fatigue.

Although originally designed for lower back massage the peanut back roller is effective on many areas including hands, feet, forearms, calves and neck.

**Please note:** The knobbly back massage ball and dimples on this product are firm and are designed to stimulate blood circulation.

## Features

- The Peanut Knobbly Massager Roller is designed to stimulate blood circulation, massage muscles and relieve tension.
- This 'peanut shaped' knobbly roller was originally designed for back massage but is also proven to be highly effective in other areas
- Ergonomic contoured design means the raised dimples massage roller fits perfectly to the body to relax muscles and ease away aches and pains.
- Comfortable and easy to grip the knobbly massage roller is portable and compact enough to take anywhere.
- Easy to clean and store.

## Specifications

Colour: Red

Product size: 14cm x 7.5cm

Materials: PVC

Box Dimensions: 15cm x 7.5cm x 7.5cm

Presented In: White Box

Packed Weight: 250gms

Made in Taiwan

