

Roll away muscle aches and pains with the Spikey Peanut Back Massager

The spikey peanut massage roller is a robust therapeutic roller which adapts to the body's individual contours during use to boost circulation, relax muscles and provide relief from tension.

The spikey massager penetrates deep into tired aching muscles to effectively stimulate blood flow and reduce muscular pain and discomfort providing relief to the neck, shoulders, arms, back, glutes, IT bands, legs and feet.

Simply roll the uniquely shaped massage roller in different directions as required over the affected area. The ergonomically contoured design means that this 'peanut-shaped' massager fits and adapts to all body shapes and sizes.

Alternatively place the spikey peanut massage roller between your targeted body area eg lower back or buttock and a hard flat surface eg floor or wall and rock back and forth for a stimulating yet relaxing therapeutic massage experience.

Why Choose the Spikey Peanut Back Massage Roller Ball?

Manufactured to a high standard this spikey peanut massaging roller with its unique peanut-shaped design is a great value multidimensional self-massage product. Designed with portability and storage in mind this easy to use back roller is a great way to stimulate circulation, relax tired nagging muscles and relieve tension and fatigue.

Although originally designed for lower back massage the peanut back roller is effective on many areas including hands, feet, forearms, calves and neck.

Please note: The spikey peanut massage roller spikes on this product are quite pointed and are designed to stimulate blood circulation.

Features

- The spikey peanut massage roller is designed to stimulate blood circulation, massage muscles and relieve tension.
- This 'peanut shaped' roller was originally designed for back massage but is also proven to be highly effective in other areas
- Ergonomic contoured design means the raised spikes massage roller fits perfectly to the body to relax muscles and ease away aches and pains.
- Comfortable and easy to grip the spikey peanut massage roller is portable and compact enough to take anywhere.
- Easy to clean and store.

Specifications

Colour: Red

Product size: 14cm x 7.5cm

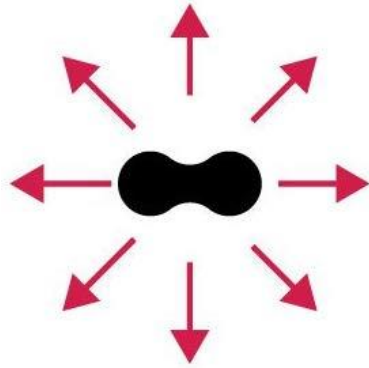
Materials: PVC

Box Dimensions: 15cm x 7.5cm x 7.5cm

Presented In: White Box

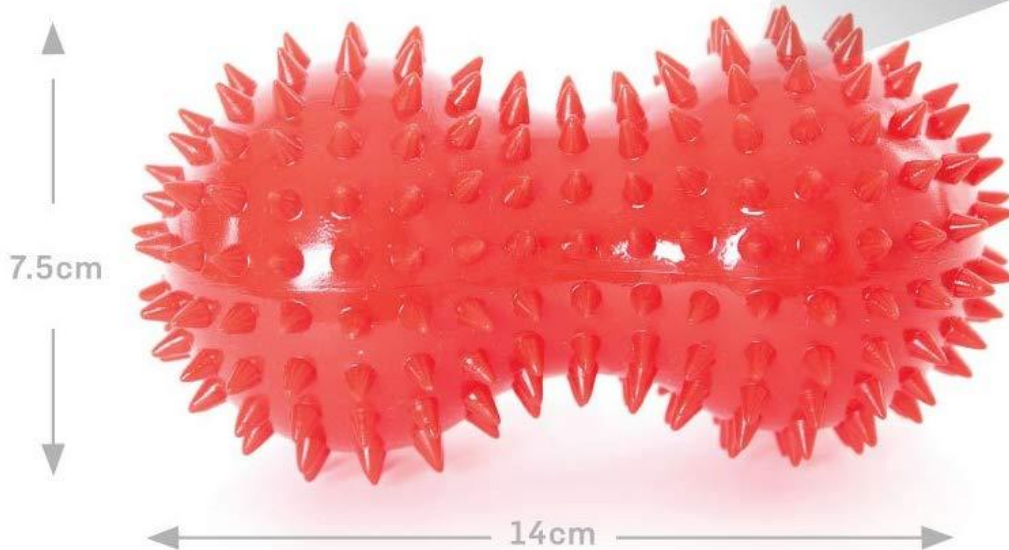
Packed Weight: 250gms

Made in Taiwan



MOVEMENT

Roll over your muscles in any direction. The specially designed shape makes it possible to comfortably massage up-and-down the muscles around your spine.



Penetrate deep into tired aching muscles to effectively stimulate blood flow

A robust and therapeutic roller which adapts to the body's individual contours during use to boost circulation, relax muscles and provide relief from tension.